<u>ONESTONEGROVE</u>

Newsletter Spring 2023



Hi there!

I'm Adam, I'm part of the team here at OneStonegrove as the Operations Manager. It's a privilege to join the Stonegrove Estate and wider Barnet community, and I hope to meet you soon. We're working hard to provide a community space that is welcoming to everyone, provides activities that you actually want, is a safe and inspiring space, and one you really feel is part of your community.

If you see me around please say hi, and if you have any thoughts, input or feedback on how we can serve, I'd love to hear from you.



Adam adam@sct.london / 02083570923

Our Defib Crowdfunder was a success!

Thanks to you our Defib Crowdfunder campaign was a success!

A big thank you to everyone who supported and spread the word of our defib crowd funder. Thanks to your involvement with your community we are able to have this life-saving kit in the centre cafe. Thank you again and well done!



Learn first aid

Learn simple straightforward techniques to help keep yourself, your family and community safe with free online training - visit www.aeddonate.org.uk/events

Select us as your Co-op Local Community Fund cause

Stonegrove Community Trust would like to offer digital inclusion classes to older local residents on our estate. The sessions provide IT skills and a warm place to meet people, to reduce isolation/loneliness.



We're part of the Co-op Local Community Fund. If you're a Co-op member, you can make a difference by raising funds for our project every time you choose Co-op.

Select us as your local cause today. Every time you buy selected Co-op branded products and services, Co-op give 1p for every pound you spend, at no extra cost to you! coop.co.uk/membership







What's on at OneStonegrove

Art @ OneStonegrove

We are delighted to be able to welcome work from talented local artists to our community space at OneStonegrove. Our second exhibition launched on Tuesday 4th April. Come visit and take a look Find out more: sct.london/art-at-onestonegrove/

Free term-time children and young people activities at OneStonegrove

- Monday 4-7 pm; F.U.S.E. youth club. 8 12 years
- Monday 7-9 pm; F.U.S.E. youth club, 13 16 years
- Tuesday 3:30-6:30 pm: Stonegrove Estate Youth Project Children's After School Club, 8 11 years
- Wednesday 4-7 pm; F.U.S.E. youth club, 8 12 years
- Wednesday 7-9 pm; F.U.S.E. youth club, 13 16 years
- Thursday 3:30-5:30pm, Free play, 4-7 years
- Friday 3:30-6:30 pm: Stonegrove Estate Youth Project Youth After School Club, 12-17 years

NEW Zumba Class, Tuesdays 19:30 - 20:30, £5 pp. Book your space now: sct.london/class/zumba/

Summer Community Party, Saturday June 24th

Join us for a fantastic community party, with entertainment for all ages. Expect music, activities, food, drink, snacks and lots of fun.

Low-impact exercise class, Tuesdays 11 - 11:45 am

Join our weekly low-impact exercise class at OneStonegrove. Gentle movement, refreshments and a chance to socialise in our social space after the class. Free.

Sewing for over 55s, Mondays 1-3pm - 15th May to 26th June Learn and share sewing skills, hand sewing and sewing machine. All equipment provided. Free

Gardening Club, Wednesdays 10:30am - 12:00 pm

Now spring is around the corner, join our gardening club to learn new skills, socialise, and enjoy keeping our outdoor space looking its best.

Weekly social club for over 60s, Thursday 11:45am - 1:30pm Tea, cake and activities. We're here to help help with technology, have a chat and pour the tea!



OneStonegrove Weekly timetable

Youth groups, dance classes, social drop-ins, social club, gardening, self-defence, stay and play, and much more... At OneStonegrove we have regular activities for you, whatever your age or interests. You can find dates and times of all our activities on our website or scan the QR code. sct.london/weekly-timetable









Listening campaign

At SCT, we're big believers in "for people by people", and Community Organising does just this. We'll be knocking on doors to hear about what matters to you. We'll share the findings as we go so that everyone is able to see the collective voice and vision as it grows.

We hope to meet with as many residents as possible across the estate to hear your views and ideas. We are excited to meet and listen to members of the community to talk about their lives and experience.

Jordan, our resident Community Organiser since May 2021, and Dawn will run this listening campaign. Please come to the centre and ask for Jordan if you want to share ideas, big or small!

We look forward to meeting you!

Jordan@sct.london / 07483808750

Community Recycling Station at OneStonegrove

We recycle a range of items that cannot be recycled in household recycling, including:

- · Batteries: are recycled through Recycle-more
- Printer Cartridges: Recycle4Charity collect old printer cartridges.
- Electrical items: are recycled by Square Box Recycling
- Dental products: we send these to be recycled with the recycling programme provided by Tetracycle

Bring your items to OneStonegrove whenever we are open, please ask if you need help.

Volunteer with us at OneStonegrove

Do you have the time and a passion to support your local community through volunteering? If the below roles don't suit you, please get in touch to chat about how you'd like to get involved.

Play Assistant for Free Play project

Free Play is our weekly play session for 4-7 year olds. Our playwork approach means children direct their own play, proven to develop independence, creativity, conflict management, and social skills. Term-time, Thursdays 3-6pm Contact Nikki, nikki@sct.london

Resident Trustee

Could you be our next Resident Trustee? If you live on the Stonegrove Estate or nearby contact our CEO Gus to find out more about the role via email gus@sct.london.

More details, a role description and how to apply are on our website: sct.london/become-a-trustee/

OneStonegrove Free Office & Co-working space

If you need a place to work or have a meeting, OneStonegrove has a free office and co-working space. Desk space, wifi, and tea and coffee throughout the day. Spaces are available on the ground floor or first floor of the building, during our opening hours of 9am - 6pm. No need to book.







Hire OneStonegrove for your party!

OneStonegrove is a superb venue for birthday parties and celebrations! With two different halls (the beautiful Wilberforce and versatile Goldsmith), high quality music systems, TVs, and fully fitted kitchen, OneStonegrove is the ideal accessible Edgeware party venue. Bring your own catering or let us cater for you.

Host Your Next Party Here! Book Our Spacious Rooms for Unforgettable Celebrations. Perfect for Birthdays, Bar mitzvahs, and More.

Contact Us Today to Reserve Your Date!

Wilberforce Hall

Wilberforce Hall boasts a triple height ceiling and stunning natural light. The room has wall-mounted speakers and four LCD screens, and is a great space for parties, wedding receptions or conferences.







Goldsmith Hall is perfect for parties, seminars, training, conferences, and more. The room has a wall-mounted screen and a high quality sound system.

Goldsmith Hall









Garrick Room

Garrick Room is an ideal and versatile room for small parties or gatherings, meetings or workshops. Large windows, natural light and a portable smart TV.

Prices vary depending on your hall and time, with discounts for local residents (postcodes HA8 8).

25% discount on Friday evening bookings in the Wilberforce Hall





