Newsletter Autumn 2023

Hi all and welcome to our Autumn 2023 newsletter.

Recently we had some super exciting news. We have been successful in raising the final £39,000 required for our planned solar panels for the OneStonegrove roof!

There is some more work to do before installation, but our aim is to have working solar panels by the end of 2023. Our solar panels will generate more electricity than we use, making us more financially, and environmentally sustainable. A huge thanks to our funders the City Bridge Trust, the GLA and Barnet Council.

In this newsletter you'll find news and details of new activities, such as our partnership with Jacksons Lane. The key feedback we get from the local community, is more events and parties please! You'll be happy to know we're planning two more in 2023. We would love to see you there:

> Community Halloween Party, 11am to 3pm on Saturday 28th October Winter Wonder Party, 11am to 3pm on Saturday 9th December

Jacksons Lane Youth Circus is coming to OneStonegrove!

Jacksons Lane Youth Circus is an inclusive youth circus, open to anyone who dares. Join us to learn acrobatics, plate spinning, juggling, hula hoop and lots more.

Every Friday during term time, Jacksons Lane will be hosting classes for ages 4-13, where you get the chance to learn skills from professional circus performers.

This is not only a chance to learn amazing tricks to dazzle your friends, but also offers opportunities to watch professional circus shows and attend masterclasses at the UKs home of contemporary circus, Jacksons Lane in Highgate.

Classes starting from Friday 29 September 2023: Explorers (ages 4-8): 4pm - 5:15pm Juniors (ages 8-13): 5:30pm - 6:45pm

For more information or to sign up contact Suzannah on 07732 703960 or suzannah@jacksonslane.org.uk

Jacksons Lane Youth Circus in Barnet is supported by the John Lyon's Foundation.









What's on at OneStonegrove

Zumba Class, Tuesdays 19:30pm - 20:30pm £5 pp. Book your space now at: www.sct.london/class/zumba

NEW Yoga Class, Wednesdays 10:30am - 11:30am

£5 pp. Book your space now at: <u>www.sct.london/class/yoga-edgware-fitness-exercise</u>

FREE Family Free Play, every 2nd Saturday of the month, 09:30am - 12:30pm

Build/climb & nature based activities. Free lunch for kids, refreshments for accompanying adult. www.sct.london/free-play-and-gardening

Little Leaders: Stonegrove Nursery

Private nursery, caring for children aged 3 months to 5 years. 15 or 30 hour funded places for 2, 3 and 4 year olds. Ofstead Good Provider.

We also accept Universal Credit, Tax-Free Childcare and Childcare Vouchers.

Find us on: 1 st floor of OneStonegrove, 5 Hayling Way, HA8 8BN.

Phone: 0208 958 8881

Email: stonegrove@littleleaders.org.uk

FREE term-time children and young people activities at OneStonegrove

- Monday 4-7 pm; F.U.S.E. youth club. 8 12 years
- Monday 7-9 pm; F.U.S.E. youth club, 13 16 years
- Tuesday 3:30-6:30pm; Stonegrove Estate Youth Project Children After School Club, 8-11 years
- Wednesday 4-7 pm; F.U.S.E. youth club, 8 12 years
- · Wednesday 7-9 pm; F.U.S.E. youth club, 13 16 years
- Thursday 3:30-5:30pm, Free play, 4-7 years
- Friday 3:30-6:30 pm: Stonegrove Estate Youth Project Youth After School Club, 12-17 years

FREE activities for older people at OneStonegrove

Monday 10:00am - 11:00am, NEW Tai Chi for over 60s
 To book see www.sct.london/class/tai-chi-for-over-60s

OneStonegrove is open for hot and cold drinks from 8:30am,
Monday - Friday!

- Monday 12:00pm 14:30pm, NEW Creative Cafe
 Community craft activities and lunch. Just show up, lunch and all materials provided.
- Tuesdays 11:00am 11:45 am, Low-impact exercise class
 Gentle movement, refreshments and a chance to socialise in our social space after the class.
- Wednesdays 10:30am 12:00 pm, Gardening Club
 Join our gardening club to learn new skills, socialise, and enjoy keeping our outdoor space looking its best.
- Thursday 11:45am 1:30pm, Weekly social club for over 60s
 Tea, cake and activities. We're here to help help with technology, have a chat and pour the tea!

OneStonegrove Weekly timetable

Youth groups, dance classes, social drop-ins, social club, gardening, self-defence, stay and play, and much more... At OneStonegrove we have regular activities for you, whatever your age or interests. You can find dates and times of all our activities on our website or scan the QR code. www.sct.london/weekly-timetable









A Community Orchard for the Stonegrove Estate

With a grant from the Orchard Project, Stonegrove Community Trust will plant an Orchard on the Stonegrove Estate in the winter of 2023. Community Orchard Leaders have already started planning the design with fruit trees, edible perennials and herbs for residents to enjoy.

Please join us for our upcoming Orchard events. To book email Poppy on poppy@sct.london:

Community Apple Day

Wednesday 20th September, 10.30-2pm

To celebrate fruit trees and the time of year, please come along to this free Preservation Workshop. We will be using fruit harvested locally and learning about the process from tree to jar. Lunch and refreshments included. Meet at OneStonegrove.

Community Harvest Day

Tuesday 19th September, 11-2pm

Help pick fruit and join us for a community harvest day at The Royal National Ortho Hospital Stanmore. Lunch provided. Meet at 10.15am@OneStonegrove to travel with us or meet at the hospital at 11am.



Volunteer with us at OneStonegrove

All volunteer positions require a DBS check, contact <u>jordan@sct.london</u> for information and to apply.

10-11am - Tai Chi for over 60s. Support our Tai Chi instructor by helping to set up the hall, and being available if anyone feels unsteady during the class.

12-3pm - Creative Cafe. Set up tables, refreshments and support creative activities.

10.30am-12pm - Gardening Club.

- 1. Volunteers with horticulture knowledge to maintain our community allotments/green space.
- 2. Garden buddy A chance to provide some light gardening companionship and conversation for participants with mobility issue, elderly and/or disabled people.
- 11-2pm Social Club for over 60s. Work with volunteers to coordinate the programme. Set up the refreshments, make tea and coffee, and take part in activities (games and discussions).

 3-6pm 4-7s Free Play. Work with staff and volunteer team to prepare play area and snacks,
 - **3-6pm 4-7s Free Play.** Work with staff and volunteer team to prepare play area and snacks, and supervise safe play. Training provided.
- **9am-1pm on the 2nd Saturday each month Family Free Play.** Prepare play area and snacks, and supervise safe play. Training provided.







Hire OneStonegrove for your event!

OneStonegrove is a superb venue for birthday parties and celebrations! With two different halls (the beautiful Wilberforce and versatile Goldsmith), high quality music systems, TVs, and fully fitted kitchen, OneStonegrove is the ideal accessible Edgeware party venue. Bring your own catering or let us cater for you.

Perfect for Birthdays, Bar mitzvahs, and More. Book Our Spacious Rooms for Unforgettable Celebrations. Contact Us Today to Reserve Your Date!

Vilberforce Hall







Wilberforce Hall boasts a triple height ceiling and stunning natural light. The room has wall-mounted speakers and four LCD screens, and is a great space for parties, wedding receptions or conferences.

Goldsmith Hall







Goldsmith Hall is perfect for parties, seminars, training, conferences, and more. The room has a wall-mounted screen and a high quality sound system.

Garrick Room





Garrick Room is an ideal and versatile room for small parties or gatherings, meetings or workshops.
Large windows, natural light and a portable smart TV.

Prices vary depending on your hall and time, with discounts for local residents (postcodes HA8 8).

Enquire now to book your event!

OneStonegrove, 5 Hayling Way, Edgware, HA8 8BN



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